

# 3 Days and 3 Nights

*Then some of the scribes and Pharisees answered, saying, “Teacher, we want to see a sign from You.” But He answered and said to them, “An evil and adulterous generation seeks after a sign, and no sign will be given to it except the sign of the prophet Jonah. For as Jonah was three days and three nights in the belly of the great fish, **so will the Son of Man be three days and three nights in the heart of the earth.**”*

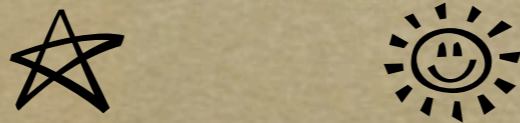
—Matthew 12:38-40, NKJV

The Church teaches “**inclusive counting**” will give you 3 days:

**Good  
Friday**



**Sabbath**



**Resurrection  
Sunday**



***But what about the 3 nights?***